

“ I’m going to let you in on a secret... Your pet already knows so much about you

Nero a black cat and Pi, a spotted python. Anytime we have a guest staying over, both are prepped and ready for a meet and greet and it's so beneficial when I know one of them isn't feeling well too. I'm able to feel 'how' they're feeling and if there's any pain, the location and level of it – then off we go to the vets.

Learning the basics in Animal Communication is so much easier than you think, and ANYONE has the ability to learn this skill and be able to check in with their pets. Here's a 3-step guide that I share with all my clients that want to dip their paw into Animal Communication.

1. Calm and relax your body by taking a couple of slow deep breaths to bring all your energy back into the body.
2. Have a photo of your pet with both eyes showing and look deeply into their face.
3. Now send
 - a. A feeling of love
 - b. Say in your mind 'I love you'
 - c. Imagine a picture in your mind of you giving them a big hug

It's as simple and easy as that to send them a message. Remember, the key is to keep your messages really simple till you get the hang of it. The more you practice this 3 step guide, the easier it gets for you and your pet to exchange simple messages. I encourage students to practice this through a photograph at first, it's easier and you won't be distracted when your pets are being just so damn cute!

Make a deeper connection with the animals in your life and practice this easy 3 step method OR if you're wanting to find out more and meet like-minded animal lovers, join us for a

1 Day Animal Communication Workshop and let's chat with your pets! You'll be surprised by the answers you get from your pet and other pets from your very first workshop Level 1.

For those that really want to develop your skills in Animal Communication, *The Simonne Lee Method of Animal Communication and Healing* teaches you the 6-step foundation and attunements into Reiki I to support yours and your pet's health.

And if you're more serious about Animal Communication and thinking about it as a Profession, we have the training programs to support your journey as you can step into the world of being an Animal Communicator Practitioner.

The Simonne Lee Method programs are Globally Accredited and recognized by the IEHA giving you the guidelines and support as you enter your new profession or just want a deeper connection with your pet. ■

FOR MORE INFORMATION ON THE SIMONNE LEE METHOD'S LATEST WORKSHOPS AND ONLINE COURSES:

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